



THE LAW OFFICES OF
PAUL H. NATHAN
A PROFESSIONAL CORPORATION

Exclusively Representing **WOMEN** in **DIVORCE, CUSTODY, and SUPPORT** Matters.

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The Law Offices of Paul H. Nathan exclusively represents women on family law issues, including divorce, custody, and support proceedings. We also handle cases involving serious injuries caused by another person's negligence including car accidents and pedestrian and cyclist injuries throughout the San Francisco area.



The Perils of Recorded Statements



If you are the innocent victim in an auto accident in a fault (or "tort") state, the other party's insurance company will be calling, requesting that you give a statement and likely wanting to record it. *Never agree to either without the guidance of an auto accident attorney.*

An insurance adjuster's allegiance is to their company, not you. They're looking to deny claims, minimize compensation payouts, and/or shift blame.

You are under no legal obligation to give a statement, recorded or otherwise. And there's no upside to doing so. (An adjuster might dangle the carrot of receiving quicker payment ... likely at an amount far below your case's value.) Here's how recorded statements can harm claims:

- They can be compared with other statements a person makes, such as those with an investigating police officer or during a lawsuit deposition. Multiple statements made weeks or months apart may show inconsistencies (which isn't unusual). The opposition will seek to exploit that.
- Adjusters are well-versed in asking questions that trap or trick you into responses that weaken your claim.
- An adjuster may ask a claimant how they're feeling. A claimant who answers that question may come to regret it, as some injuries don't become evident until days, even weeks, later. And once a recorded statement is taken, there are no do-overs.

On a side note, in no-fault states, auto accident claims are filed with a person's own insurance company, regardless of who's at fault. You may be required to give a recorded statement as a condition of your insurance coverage.

If you are injured in an auto accident, contact an auto accident attorney to protect your interests. ●

PAUL H. NATHAN Trial Lawyer and Counselor at Law

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Killer Guacamole!

Paul and his family ate tons of guacamole while on vacation in Mexico last month. Paul brought back this recipe for Killer Guacamole. Paul's daughter eats this guacamole with every meal!

INGREDIENTS:

- 3 ripe avocados
- ¼ cup cilantro
- 1 jalapeno chile, seeded and minced but you can omit to keep the spice away
- 2 tablespoons finely chopped onion
- 2 tablespoons lime juice
- 2 garlic cloves, minced
- ¾ teaspoon salt
- ½ teaspoon ground cumin

DIRECTIONS:

1. Halve 1 avocado, remove pit, and scoop flesh into medium bowl. Add cilantro, jalapeño, onion, lime juice, garlic, ¾ teaspoon salt, and cumin and mash with potato masher (or fork) until mostly smooth.
2. Halve and pit remaining 2 avocados. Carefully make ½-inch crosshatch incisions in flesh with butter knife, cutting down to but not through skin. Insert spoon between skin and flesh, gently scoop out avocado cubes, and add to mashed mixture. Gently mash until mixture is well combined but still coarse. Season with salt to taste. Serve.

Tip: you can store the guacamole for up to 24 hours by pressing plastic wrap directly against the surface (the guacamole). ●



Maggie started enjoying guacamole from an early age. This was taken when she was 10 months old.

Advantages of Alternative Dispute Resolution

Sometimes divorce litigation in the courtroom is the only option for a divorcing couple, especially if there are matters of serious disagreement – if hostility and strong distrust exists between the parties, or if past emotional and/or physical abuse was a factor in the relationship.

However, for cases that fall outside that domain, out-of-court methods for resolving issues in divorce are becoming increasingly popular and fall under the banner of Alternative Dispute Resolution (ADR). The two most common forms of ADR include divorce mediation and collaborative divorce.

Divorce mediation involves an impartial third-party mediator who facilitates communication between the parties and offers suggestions for creative problem solving, enabling both parties to reach a voluntary agreement. Mediators are not there to judge or determine who's right or wrong. If a settlement cannot be reached, the couple still has the option of litigation.

Collaborative divorce is even less formal than divorce mediation. There is no mediator at all; each party is accompanied by their attorney, and meetings take place at a neutral location. Couples can work together in a positive, results-focused setting to come to terms on matters of child custody and visitation, child support, and division of property. Experts in accounting and asset valuation may be called in to assist with technical aspects. If the couple cannot come to an agreement and decide to go the litigation route, their respective lawyers cannot be retained for the court case.

ADR processes are generally less adversarial, quicker, and more cost-effective ways to deal with divorce. They also avoid the stress of having to step into a courtroom and the uncertainty inherent in a trial.

Contact our office if you have questions concerning methods other than heading straight to court for resolving your divorce. 415-341-1144. ●





A Stinging Rebuke

During outdoor summertime activities, humans may cross paths with bees, wasps, or hornets. As many can attest, they sting when threatened. The human body reacts to the venom in various ways. It's important to know the difference between a "normal" reaction and an allergic reaction.

All stings produce pain, swelling, redness, and itchiness. For those who are not allergic to bee stings, symptoms will remain at the site of the sting and typically clear up within a few hours.

(A sting in the mouth or eye warrants immediate medical attention.) For some people, symptoms may linger for a few days, but they should not worsen. If redness or swelling covers an area several inches wide or more, play it safe by giving your doctor a call.

Anaphylaxis is a severe reaction to a bee sting and can be life-threatening. Additional sting symptoms may appear anytime within roughly two hours of the sting and occur away from the sting site. They include respiratory difficulty, trouble swallowing, and hives and/or swelling. **Seek medical help immediately.**

Remove a bee's stinger with the edge of a credit card or fingernail. Don't use tweezers or fingers, which can squeeze out more venom. A thorough washing, ice, over-the-counter pain reliever, cortisone cream, and/or Benadryl® may help relieve "normal" symptoms. Avoid scratching the sting site.

A person can develop a bee-sting allergy at any time in their life. They may have been stung 20 times previously without a problem, but there's no guarantee the 21st time will go as smoothly.

If you receive multiple stings, the sheer quantity of venom could cause a severe reaction. It's best to seek medical attention right away. ●

Paul And His Family Went On Vacation!

Paul and his wife, Caroline, their daughter, Maggie, Caroline's sister and her family all went on vacation on the Riviera Maya.



Paul, Maggie, Carrie and Carrie's sister and her family.



Maggie in the pool wearing her shades and dad's hat!

June 2019 Notable Dates

June 1 – National Bubbly Day June 5 – National Running Day

June 8 – National Upsy Daisy Day

June 13 – National Kitchen Klutzes of America Day

June 17 – National Eat Your Vegetables Day June 21 – Go Skateboarding Day

June 23 – National Pink Day June 27 – National Sunglasses Day





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15 STEPS TO PREPARE FOR DIVORCE

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Trampoline Park Injuries Increasing by Leaps and Bounds

The popularity of trampoline parks has soared in recent years. In 2011, there were an estimated 40 parks nationwide; today, there are over 800. That surge has placed a spotlight on trampoline park injuries, which range from minor sprains and strains, to fractures, dislocations, traumatic brain injuries, and spinal cord damage. The American Academy of Pediatrics reported that trampoline park incidents resulted in nearly 7,000 ER visits in 2014—and have surely risen since.

Three-quarters of injuries involve two or more individuals on a trampoline at the same time. Collisions, bad landings, falling or jumping off the trampoline, or landing on springs and frames precipitate most injuries. According to *the Journal of Pediatric Orthopaedics*, over one-third of injuries involve broken bones.

The trampoline park industry is largely unregulated, which is highly concerning, but premises liability law does require that trampoline parks take reasonable measures to keep patrons safe. That includes repairing and properly maintaining trampolines, blocking off unsafe areas, displaying usage rules near the trampolines, and posting trained attendants to enforce the rules.

Trampoline park visitors are required to sign liability waivers, which seemingly absolve the park of any responsibility for accidents and injuries. That may generally be the case for common, minor injuries (e.g., sprains and strains), but if a park is found negligent, a person sustaining a serious injury generally has the green light to seek compensation. In addition, some states have ruled that minors cannot sign away their rights, even if a parent signed the waiver.

If you or a loved one is injured at a trampoline park, contact a premises liability attorney to protect your rights. •



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